

NEWS RELEASE



The City of Brockville's Response to COVID-19

IMMEDIATE RELEASE

April 3, 2020 - 9:00 pm - Press Release: Reminder About Park and Recreational Facilities Closures

The City of Brockville is reminding residents that all city parks and outdoor recreational facilities are closed and that gathering in groups is strictly prohibited by the Provincial Government.

With warmer weather approaching and Environment Canada forecasting a sunny weekend, many people will want to leave the confines of their homes and get outside to enjoy some fresh air.

It is important to stay healthy by exercising and breathing fresh air, but these activities should be done while practicing the social/physical distancing measures that have been recommended by Health Canada.

"We recognize that we have had a long winter, made longer by the need to stay in our homes, and that people are itching to get outside and spend some time in the sun. We want to remind our citizens that social distancing measures are now more important than ever, and we all need to overcome the urge to gather and to flood our parks and green spaces." – Mayor Jason Baker

Health Canada has advised that it is safe to go for a walk in your neighbourhood provided that you have not been directed to be quarantined or self isolate, in which case, you should not leave your property.

If you go for a walk you should continue to maintain 2 metres (6 feet) between yourself and others, and when approaching another person, you should cross to the other side of the street.

All non-essential travel inside and outside of one's community should be avoided, and it is recommended that everyone should isolate at their primary place of residence.

"Urban dwellers should avoid heading to rural properties, as these places have less capacity to manage COVID-19," Dr. Theresa Tam, Federal Chief Medical Officer.

The City would also like to remind and encourage everyone to follow the recommendations of our public health agency.

- Properly wash your hands with soap and water for at least 20 seconds or with an alcohol-based hand sanitizer.
- Engage in proper cough or sneeze etiquette, including but not limited to covering your mouth and nose with your bent elbow or tissue when you cough or sneeze and disposing of used tissues immediately
- Avoid touching eyes, nose and mouth
- Refrain from shaking hands with another person
- Practice social distancing of at least 2 metres
- Clean and disinfect frequently touched objects and surfaces

If you have symptoms of a respiratory illness of any kind (e.g. fever, coughing, shortness of breath, etc.) you are asked to stay home and seek medical treatment.

The City of Brockville continues to review the situation on a day to day basis while we take all necessary precautions towards the spread of COVID-19.

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Visit our Website for more information <https://brockville.com/covid19>
or Follow us on Twitter for notifications: <https://twitter.com/BrockvilleON>

Additional Resources:

[Press Release – Ontario Extends COVID-19 Emergency and Closes Outdoor Recreational Amenities](#)

[Government of Canada](#)
[Health Canada](#)
[Ontario Ministry of Health](#)
[Leeds, Grenville & Lanark District Health Unit](#)
[World Health Organization](#)

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